Symptom Checker



Respiratory syncytial virus (RSV) is a common virus that can cause respiratory illness in infants. RSV affects 90% of children by the age of two, equivalent to approximately two million children in

Most RSV infections in babies are mild and will typically clear up within a few weeks on their own.⁶ However, some infections can be more serious and hospital care may be needed.¹ So, it's important that parents, expectant parents and caregivers are aware of the symptoms.

Symptoms of RSV-related illness include:



🕑 Cold-like symptoms, such as a runny nose, sore throat, cough or fever³





Problems feeding or drinking³



Bronchiolitis, pneumonia and croup are examples of severe illnesses that can be caused by RSV.^{1,7} Here are the symptoms to look out for:

Bronchiolitis ⁶	Pneumonia [®]	Croup ⁹
 Difficulty breathing Similar symptoms to those seen with a common cold, e.g. runny nose and a cough Symptoms may develop to include: A fever Dry persistent cough Wheezing Difficulty feeding 	 Cough Rapid heartbeat High temperature Difficulty breathing Loss of appetite or difficulty feeding 	 A barking cough that sounds similar to a seal A hoarse voice Breathing difficulty A rasping sound when drawing breath in Croup often begins with cold-like symptoms which can worsen at night
Find out more about bronchiolitis on the NHS website here	Find out more about pneumonia on the NHS website here	Find out more about croup on the NHS website here

Call your GP or 111 if you have any questions or concerns.

You should also refer to the NHS guidance and contact your GP if you are worried about your baby's symptoms, or notice the following:10



They're not feeding normally (they have taken less than half their usual amount during the last two or three feeds)



They have not had a wet nappy for 12 hours or more



They seem very tired or irritable



They have a persistent high temperature of 38°C or above

Although not common, sometimes symptoms can become severe quickly and more urgent help is needed. The NHS recommends that you call 999 if you notice that:10



Your baby has difficulty breathing



There are long pauses in your baby's breathing



Their lips or tongue are blue (cyanosis). On darker skin this may be easier to see on the lips, tongue or gums, under nails, or around your baby's eyes¹¹

For more information about RSV and the *Together Against RSV* campaign, visit www.togetheragainstrsv.com

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